



## ***Establishing the Onkaparinga Compassionate Community Collaborative***

### **Invitation to participate**

Healthy Cities Onkaparinga (HCO) and Southern Vales Compassionate Communities (SVCC) have received funding from SA Palliative Care, SA Health, to establish a Compassionate Community in Onkaparinga.

#### **Healthy Cities Onkaparinga & Southern Vales Compassionate Communities**

Healthy Cities Onkaparinga is a volunteer, non-government community-based organisation advocating for collaborative health promotion. We recognise the impact that physical, socio-economic and cultural aspects of the environment have on the health of the community. Southern Vales Compassionate Communities is a volunteer group hosting death cafes and other activities within the McLaren Vale/Aldinga region.

#### **Compassionate Communities**

Compassionate Communities are where people feel supported to live and die well in accordance with their wishes, feel supported at times of grief and loss and have information and confidence to make choices about end-of-life experience and care. Compassionate Communities complement health and palliative care services by drawing on community resources and experience.

**Project Vision:** Onkaparinga is recognised as a Compassionate Community where people feel supported to live and die well in accordance with their wishes, feel supported at times of grief and loss and have information and confidence to make choices about end-of-life experience and care.

**Project Mission:** To establish and grow the Onkaparinga Compassionate Communities Collaborative (OCCC) to become an independent, sustainable, community-based organisation providing governance, support and strategic direction to five local Compassionate Communities (CCs). The OCCC, along with the CCs, will work to achieve the vision through collaborative, creative, respectful, inclusive and co-designed community-based activities.

**Project Aim:** To develop the Onkaparinga Compassionate Communities Collaborative as an independent, incorporated umbrella organisation supporting five local Compassionate Communities (CCs).

**Invitation and Contact information:** We are looking for individuals and organisations/community groups to partner with us in delivering this project. You can be involved in a number of ways:

- Go onto our mailing list to receive updates and invitations to events
- Attend our project launch forum to hear more and help design a Compassionate Communities model for Onkaparinga
- Contribute relevant items to our monthly newsletter
- Attend local community workshops to help design the five Compassionate Communities
- Join a small group to develop and guide a local Compassionate Community
- Join the (virtual) project advisory group to contribute stakeholder expertise.

We are also seeking expressions of interest for a part-time project coordinator position and for entries to our logo design competition (please see separate notices).

**For more information, please contact HCO** via email to [gwyn.jolley@flinders.edu.au](mailto:gwyn.jolley@flinders.edu.au)

or Facebook at <https://www.facebook.com/Healthy-Cities-Onkaparinga-1567800330118165/>